

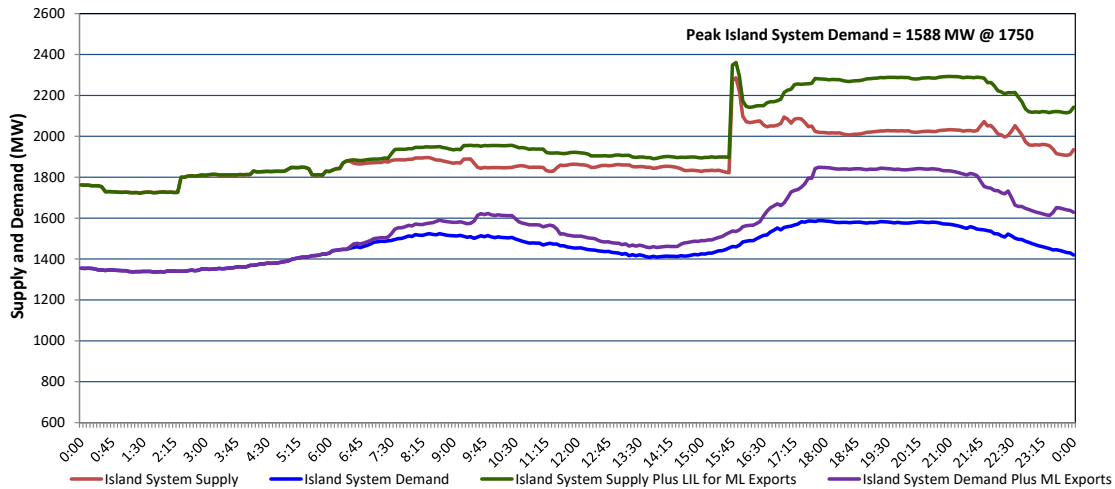
# Newfoundland Labrador Hydro (NLH)

## Supply and Demand Status Report Filed Monday, January 26, 2026

### Section 1

#### Island Interconnected System - Supply, Demand & Exports

#### Actual 24 Hour System Performance For Sunday, January 25, 2026



#### Island Supply Notes For January 25, 2026

- A As of 0800 hours, March 30, 2025, Holyrood Unit 3 unavailable due to planned outage 130 MW (150 MW).
- B As of 1425 hours, December 22, 2025, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 0735 hours, January 22, 2026, Bay d'Espoir Unit 7 unavailable due to forced derating 50 MW (154.4 MW).
- D As of 1527 hours, January 24, 2025, Holyrood Unit 2 available at 40 MW due to forced derating (170 MW).
- E As of 1605 hours, January 24, 2025, Holyrood Unit 1 available at 160 MW due to forced derating (170 MW).
- F At 0535 hours, January 25, 2026, Hardwoods Gas Turbine available at 25 MW due to forced derating (50 MW).
- G At 0726 hours, January 25, 2026, Hardwoods Gas Turbine available at full capacity (50 MW).
- H At 1542 hours, January 25, 2026, Bay d'Espoir Unit 1 available (76.5 MW).
- I At 1542 hours, January 25, 2026, Bay d'Espoir Unit 2 available (76.5 MW).
- J At 1542 hours, January 25, 2026, Bay d'Espoir Unit 3 available (76.5 MW).
- K At 1542 hours, January 25, 2026, Bay d'Espoir Unit 4 available (76.5 MW).
- L At 1542 hours, January 25, 2026, Bay d'Espoir Unit 5 available (76.5 MW).
- M At 1542 hours, January 25, 2026, Bay d'Espoir Unit 6 available (76.5 MW).

### Section 2

#### Island Interconnected System - Supply, Demand & Outlook

Mon, Jan 26, 2026		Island System Outlook <sup>2</sup>		Seven-Day Forecast		Island System Daily Peak Demand (MW)	
						Forecast <sup>8</sup>	Adjusted <sup>6</sup>
Island System Supply: <sup>4</sup>		2,184 MW		Monday, January 26, 2026		1,680	1,581
NLH Island Generation: <sup>3,7</sup>		1,235 MW		Tuesday, January 27, 2026		1,565	1,467
NLH Island Power Purchases: <sup>5</sup>		125 MW		Wednesday, January 28, 2026		1,595	1,497
NP and CBPP Owned Generation:		215 MW		Thursday, January 29, 2026		1,515	1,417
LIL/ML Net Imports to Island: <sup>9</sup>		609 MW		Friday, January 30, 2026		1,450	1,353
				Saturday, January 31, 2026		1,360	1,264
7-Day Island Peak Demand Forecast:		1,680 MW		Sunday, February 1, 2026		1,425	1,329

#### Island Supply Notes For January 26, 2026

- N At 0655 hours, January 26, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- Notes: 1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

### Section 3

#### Island Peak Demand and Exports Information

#### Previous Day Actual Peak and Current Day Forecast Peak

Sun, Jan 25, 2026	Island Peak Demand <sup>10</sup>	17:50	1,588 MW
	Exports at Peak		261 MW
	LIL Net Imports to Island		13,520 MWh
Mon, Jan 26, 2026	Forecast Island Peak Demand		1,680 MW

- Notes: 10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).